O.G. Torsunov



Healthy Jewelry



Unique method of selection of gems and jewelry for each individual

Satva Jewelry Company and Dr. Torsunov, a specialist in the sphere of litho therapy and ayurveda and lecturer of the Bombay Institute "Vedic Health" present to you a whole new class of products made of ore and precious stones. Prestigious and modern healing bracelets are chosen individually for each client.

The bracelet has nine precious and semiprecious stones, adjusted in the product according to a unique development, which lets you change one precious for another, if necessary.

This method of individual selection of precious stones is based on the knowledge of ancient texts and writings, highlighted by the author of this method in India and other Eastern countries.

THE HISTORY OF PRECIOUS STONES

History tells us that precious stones were used for thousands of years. People always chose that, which has a beautiful form and shine, is rare and lasts a long time.

Precious stones always accompanied mankind and helped him. Gems served as a lucky charm and talisman. According to old traditions, precious stones protect their master from evil powers, bring happiness and luck. Attention was also paid to the fact that each precious stone effects a person in it's on own, special way. Some protect from evil, others maintain health, and others serve as an antidote, call for mercy from the highest powers. In the dark ages, sailors believed that precious stones aid in the safe return home.

Like in the ancient sayings, in the research of modern scientists, there is undisputed proof, that precious stones and ore affect the health and physic state of people. However, for this effect to take place, the selection of ornaments should be conducted by an expert specialist. Jewelry should always be carefully chosen, taking notice of the person's reaction. In the old times the individual selection of precious stones could only be afforded by rich and powerful people.

Not many people know that a person in ancient times was considered truly rich if he had many precious stones and this isn't by chance. Precious stones carry power and might in themselves, giving luck to their owner. The head of any ancient ruler was necessarily decorated with a crow or another headgear, which had many precious stones on it. The ancient writings tell us that if a crown was made correctly it protects the ruler from all miseries. On the other hand, nobody else can wear it without harming himself. Think of the famous Monomah's hat – after the owner's death nobody could put it on.

Ornaments with many precious stones gave the ancient Indian Rajas courage, daring and luck. Ancient, detailed instructions of how to select precious stones for a ruler's crown reached our time. The stones were selected in the way to give the ruler power and might, which they issue. A case is described in Vedic writings where a tsar, who wanted to defeat the ruler of an enemy's nation, so he gave him a crown which caused him to get an incurable illness in a few days.

There are examples in our time, as well as in ancient history. Any woman will tell you that one ornament is enjoyable to wear, as if she didn't take it off for years, and another ornament is so unpleasant to wear that she wants to take it off right away. An unconscious wish to take off a ring or necklace, because of this the woman often touches the ornament. We often don't pay attention to these people; although we should think about the image which is in our memory of a woman which often touches hear earrings as if she is nervous or a man who plays with his wedding ring.

It's hard to trick your unconsciousness – it reacts to the slightest influence. However not everyone can see this in a person's behavior.

The paradox of this is that almost every person likes to decorate himself with precious stones and ore and almost everyone does this without thinking, according to a subjective sensuous feeling and rarely by the recommendations of astrologers from magazines which advise everyone who is a Sagittarius by horoscope to wear topaz. Libras are advised to wear ornaments made of opal.

There are many healing bracelets which are advertised everywhere help only some people.

However, they accomplish their function: they help many people stabilize arterial pressure.

Here we see much confusion. On the one hand, people are ready to buy ornament because natural stones give them luck and health, on the other hand, they don't think about the fact that the selection and substitution of precious stones

- they should be chosen especially for them and the selection and substitution of stones might even last a few weeks until the right variant will be found.

This very approach was put as the base of Dr. Torsunov's method, he dedicated many years of his life to study influence of precious stones and ore on the human organism. The information, which he got from ancient texts, claimed that in the ancient times precious stones were not worn just as ornaments. They were chosen carefully and attentively for a person, considering his horoscope and temperament. The place where the precious stones were worn was also important, as was the way they were worn.

Without an individual selection of precious stones wearing them is not safe. There is also an unanswered question: is it right to wear precious stones just as ornaments? The results of research, which was conducted many years in the sphere of litho therapy, gave interesting results.

Survey and research showed that people who wear precious stones as ornaments can be divided into three categories:

- 1. The first category has symptoms of negative influence from precious stones on their health.
- 2. The second category did not show any symptoms of negative influence on the health.
- 3. The third category has symptoms of positive influence on the health and emotional state.

Therefore, the result of the survey in the first category showed a negative experience of

Precious stone use. Many people who were questioned said that they do not wear the ornaments regularly, but from time to time, on holidays. What prevents them from wearing the ornaments regularly?

With the help of the conducted research it was determined that in the process of wearing precious stones many people felt weariness. For example, after some time that the ornaments were put on they had unpleasant feelings: heaviness in the head, back pain and chest pain, heaviness and a strange fever in the body, weakness. Sometimes this distress appeared not right away but for example on the second day after the ornaments were put on. Also, some people from this category remembered that after they put on the ornaments they got into troubling situations and they were in a bad mood.

Dr. Torsunov had doubts: are these ornaments which have negative influence on people made of natural, quality precious stones? A thorough research showed that almost all stones which had negative influence on the human health and emotional status were in fact natural and quality precious stones.

The second category claimed that the ornaments don't have any influence on them at all. After research was conducted it was affirmed that almost all of these ornaments were made of fake precious stones or artificially grow crystals.

The third category of people wearing real stones as ornaments said that their health, mood and even communication with people improved.

The doctor reached a dashing conclusion: it seems that in our time it is a lot safer to wear fake stones rather than real ones. However, all the ancient writings tell us that precious stones have a huge positive influence on the health and destiny of people. This inspired us to conduct thorough research in the sphere of litho therapy. To continue the research the doctor decided to study different ways of wearing precious stones.

For the most part research was conducted in the direction of practical use of ornaments made of precious stones. An important stage of the work was the study of whether or not it is safe to wear precious stones which were chosen by an astrologer or bought in a store. It turned out those precious stones, chosen by astrologers helped some people and, on the contrary, others were harmed by the stones. It is important to note that the people who were harmed by precious stones had some details which were not paid attention to before. In fact, astrologers, when selecting precious stones, usually didn't pay attention to the following details: the place, where the stones should be worn, how to wear them and what exact color should be the advised stone.

If, however, the experienced astrologer did pay attention to these details then the precious stones had positive influence on the health and destiny of their owner.

Therefore the luckiest owners were those which had an astrologer carefully pick their precious stones and put them on in the appropriate time.

The collected results inspired Dr. Torsunov for developing a method of selecting individual healing stones. Six months of hard were required to make and test the developing methods. The research was a success and the result was that a unique method of individual selection of ornaments made of precious stones was developed. This accurate and effective method of selection is unlike any other in the world.

THE MECHANISM OF INDIVIDUAL PRECIOUS STONE SELECTION

The method which is offered by the doctor is based on ancient vedic knowledge and provides two ways of working with the client: first of all, the study of his horoscope and secondly, the evaluation of biological compatibility of the client with the bioenergy of precious stones. These two ways of study combined allow:

- 1. To accurately determine the type of precious stone to wear.
- 2. The place where it should be worn.

Most importantly, this method allows us to accurately select the most suitable shade of color of the precious stone for the client.

Therefore, when selecting precious stones we determine how to use these stones in your individual case. Usually in the process of using our healing methods the client is advised to wear the ornaments on the fingers and wrists. To determine the optimal scheme of wearing ornaments the place where they are worn can be changed, if necessary during 24 hours. For this goal, in our cooperation with the client the internet is used effectively.

The developed method of selection, used for healing the human organism is described:

- 1. Stones are chosen individually, considering the details of your horoscope, the details of the date, time and place of birth, complains and diagnosis of illnesses, if available.
- 2. For those who don't know the time or place of their birth, the doctor developed a unique method of precious stone selection according to the physiognomy of the person and the structure of the phalanx of his fingers. If you wish to use this method, all you need to do is send your photo.
- 3. In order not to create misbalance in the organism (which is possible if you wear rings on one or several rings), precious stones are put on the wrist in the form of a special bracelet, known in ancient astrology as navaratna talisman. Precious stones used in the bracelet are chosen according to the action of all the nine planets which influence the health and destiny of a person most of all: the sun, moon, Mars, Mercury, Jupiter, Venus, Saturn, Rahu (the rising knot) and Ketu (the downcast knot). This technique guarantees the harmonious influence of all the planets simultaneously. This selected bracelet carries unique healing qualities in itself; furthermore it looks like a beautiful, prestigious ornament.
- 4. According to the offered method not only the type of stone is carefully chosen, but also its color. Therefore, only one out of a hundred rubies will suit the specific patient very good. According to the developed method, the patient, after being tested can confirm that the stones are chosen correctly (he will feel changes in his health and mood already in a few hours).
- 5. If it is necessary to conduct deeper research for health purposes (at the request of the client) the method allows us to put the precious stones not only on the wrists, but also on the fingers. Vedic astrology knows that every phalanx of the fingers has a connection with one of the nine planets listed above. Thus, it is usually necessary to pick more than one precious stone for one finger. Usually, after the selection of the bracelet, which takes place in the healing scheme a ring is made, which has two or three precious stones.
- 6. Various schemes of wearing ornaments are developed, they provide an opportunity to cure and heal troubles with the same set of precious stones. Also, if some problems with your health suddenly occur (cold, intoxication, indigestion problems and so on), you can change the scheme of wearing your ornaments and you can ease the course of the illness or even cure it completely.
- 7. If the chosen scheme, consisting of nine precious stone doesn't suit you for some reason, the doctor determines which stone causes the negative influence and is switched for another, more suitable stone. The developed structure of the bracelet lets you quickly switch the precious stone which had bad influence on you for another, after consulting with the doctor.

- 8. Usually astrologers recommend wearing precious stones only in a specific, unfavorable period of life. Our practice showed that due to the use of our universal scheme of precious stone selection, the stones simultaneously neutralize each other's negative influence. Thus, you don't have to worry about the different astrological periods and can constantly wear the ornaments which were chosen especially for you.
- 9. An effective scheme of the use of internet when choosing precious stones is available. The work of the doctor and a big chain of dealers, which administers ornaments make this method available for people all over the world. They can get a detailed consultation about the individual use of this bracelet at any moment not only in healing purposes, but also for improvement of their emotional state.

A huge help in the realization of the idea of making a unique, modern ornament offered the company "Satva", which specializes in the production of ornaments made of precious stones and ore. The "Satva" Company in cooperation with the Eastern Jewelry Factory developed the design of the ornaments, the uniquely developed structure and methods of use, also a scheme of express delivery to the customer.

DESCRIPTION OF THE METHOD

Dr. Torsunov: Some time ago I became interested in the effect of precious stones

on human health. Before I could solve some of these amazing secrets, I had to do a lot of work. Fortunately, this wonderful technique of selection and wearing of precious stones was developed. In the creation of this new highly effective method knowledge from vedic literature helped me and my colleges a lot. By experimenting, using different ways of precious stone power, I was able to make sure that they really do have an unrepeatable healing effect on the organism and unsound mind of people.

WHEREIN IS THE POWER OF PRECIOUS STONES?

Where do precious stones get their power? The fact is that they have a feature to associate in harmony with positive energies, coming from the planets which are closest to Earth. Each planet fills the according stone with a special type of energy. The result is that precious stones have a big healing power which is able to affect the human organism.

The planets of the solar system which have the most effect on precious stones are:

Sun, Moon, Mars, Mercury, Jupiter, Venus, Saturn, Rahu (the ascendant knot in Western astrology), Ketu (the downcast knot in Western astrology). These planets not only affect the health and unsound mind of people, but also the course of events in our life.

It is established that the name of the planet affects the activity of planets, animals and people in a special way. As for precious stones which have been filling with energy of its planet for tens of thousands of years, they start to positively influence everything living around. Of course, for this effect to become really useful, it is needed to use these rocks in the right way.

HOW IS THE HEALING EFFECT OF PRECIOUS STONES CONNECTED WITH THE EFFECT OF THE PLANETS OF THE SOLAR SYSTEM?

It turns out that each precious stone is filled with the power of usually only one planet. This is the difference between precious and semiprecious stones, which are connected with the effect of several planets. Thus, the useful effect of rubies, red tourmalines and red sapphires is determined by the fiery power of the sun. Filling the above listed precious stones, this fiery power, when the precious stone touches the human body, heightens his fire of digestion, heightens immunity, improves the structure of bone tissue, repairs the blood function, and improves the metabolism. The effect of precious stones which get their power from the sun, the unsound mind gets in the increasing of the feeling of joy, your confidence, and the wish to live actively. Therefore, the sun affects us not only directly, radiating its light, but also through the sun-power precious stones.

Like rubies feed on the power of the sun, many other precious stones, each in it's own way, take their power from one of the nine planets which are located not far from Earth. For example, pears and moonstones are in harmony with the moon, emeralds – with Mercury, diamonds and with topaz – with Venus, yellow sapphires and yellow topaz –

with Jupiter, blue sapphires, blue tourmalines and amethysts – with Saturn, red and pink corals, brown tourmalines – with Mars, gamete – with the shady planet Rahu (in western astrology it is called ascendant knot), cats eye – with the shady planet Ketu (in western astrology it is called the downcast knot).

The impact of these planets and the according precious stones on our lives is the matter of study of vedic astrology, and the results bypassed all the expectations. Many illnesses which can't be cured by traditional medicine are effectively cured with the help of precious and semiprecious stones. These illnesses include: migraine, asthma, diabetes, psoriasis, neurodermitis, tuberculosis, anemia, light decrees of schizophrenia and others. It's hard to find an illness where precious stones couldn't help the suffering.

METHODS OF TREATMENT WITH PRECIOUS STONES

Since ancient times precious stones are used by all the cultures of the world. Their beauty is remarkable and unique in the whole mineral kingdom. The words "precious stones" belong to the best in nature. Modern science gives a lot of information regarding the physical quality and chemical composition of precious stones, but doesn't give any information about the therapy character.

Precious stones are used as ornaments and as means of healing since a long-long time ago. In medical practice precious stones are used in the making of elixirs and medications, which are swallowed. Medications made of ashes and powder of precious stones.

Also, methods are described where with liquids can be filled with the energy of precious stones. For example, one of the ancient recipes says to put a precious stone of the bottom of a glass vessel filled with water and put it in the sun. The presence of the precious stone makes it possible for the water to be filled with the vibrating power of the sun. This effect grows when the light of the sun effect the water. A qualified aurvedic doctor can mix different kinds of water filled with the energy of precious stones, for use of these mixtures in individual treatment.

The aura of people consists of seven colors of the rainbow. Every time a lack of saturation of one color is discovered, a certain organ starts hurting and a person gets sick. These colors are in an unlimited amount in precious stones and they never waver, even after many years of use. This is because the life of a precious stone passes a lot slower than a life of a person. Ancient writings tell us that when a precious crystal inhales, the process can last several hundreds, and even thousands of years.

THE HEALING POWER OF PRECIOUS STONES

In the process of developing the system of individual precious stone selection it was established that sanitation with the help of precious stones in many cases is a lot more effective than with traditional methods of treatment. When treating such illnesses as migraine, arthritis, diseases of the spine and nervous system, allergy and skin diseases, asthma, anemia, defection of blood circulation, diabetes, hypotonic and hypertensive disease the healing effect usually comes a lot quicker than with the use of traditional methods of treatment. This effect is achieved on condition that the stones are chosen correctly. Usually a few seconds is enough to feel their positive influence. The achieved effect is stably is kept many years. Why is the healing effect of precious stones so dependable? The fact is that their healing power doesn't melt after years, and if precious stones are worn constantly then the health will also improve constantly.

SEVERAL CASES FROM DR. TORSUNOV'S PRACTICE

Stones establish a close connection between a planet and a certain person regardless of his attitude towards it. This is not common, however we often see that stones "rescue" even those who have a skeptical attitude. We remember one patient, he was a wise lieutenant colonel. His wife, who is a stably believes in Dr. Torsunov's methods, talked him into wearing stones. The husband, who liked natural methods of healing, consented to wear the stones only for "keeping peace in the family". The result was this peace.

Being a venturous person, our skeptic liked fast driving. Nobody was surprised when he had a cross accident, in which his car fell from a viaduct. Everyone who unwittingly became a witness of the accident was amazed to see the

driver come out of a crashed car unharmed. To be fair we should add that material damage and a light cerebral concussion should also be taken into consideration. However, it is obvious that the consequences could have been much more sorrowful. The links of the bracelets were ripped apart and the stones were broken on his hands. They protect the body and are responsible for overcoming obstacles. After almost a year, a similar accident repeated, but it happened in more heavy circumstances. The person was again harmed lightly. However, there were practically no rocks left after the accident and we had to select and make a new set. Now the colonel is choosing whether he should stop driving fast or order a bracelet with precious stones in a golden frame. Maybe, common sense will prevail and he will order a set of rocks that help overcome harmful habits? We will find out soon, but he no longer doubts the effect of individually picked stones.

Stones help overcome difficult life tests, soften our perception of the situation, give us assurance that there is always an answer. However, to use healing rocks, people need to give up their habits of unhealthy food, the absence of physical movement and negative emotions towards the surrounding world. Believe us, the result will be worth your efforts!

There is another exponential case in Dr. Torsunov's healing practice. A former world champion of one of the most popular sports (excuse us for the secrecy, but treatment confidentiality requires it) came to him for treatment. This is her story in a nutshell.

In the life of sport, it often happens that before an appearance the weight of each member is measured. Our heroine often had to take medications that make her up to five pounds lighter. You can probably guess how she had to pay for this. The sentence of fate was quite harsh: for a pedestal, she lost the most priceless gift for all women, motherhood. Each time she got pregnant, she got a very severe skin illness that lead to miscarriages.

But a champion never gives up even if her opponent is fate itself. She solved everything in one day. She started eating healthy and got treatment with precious stones by Dr. Torsunov's authorized method. In three month, there was a impressive result: the illness retreated. After ten more months, a godson was waiting for the doctor. Now our champion is not only a happy mom, but also a fashionable lioness, sparkling on routs in unique jewel ornaments.

CRYSTALS ARE ALIVE!

Where does this amazing and stable healing power of precious stones come from? According to the vedic theories, there is life in certain races of rocks. These crystals are not called precious by accident: they affect the human health and unsound mind in an amazing way. Exactly this living energy which fills precious stones makes it possible for the stone to positively affect everything living. According to ancient texts, precious stones are one of the primitive forms of life. Its length is hundreds of thousands of years. We can't even imagine this!

Thus, many ancient texts claim that there is life in precious stones. So what does this life look like? Precious stones detach themselves from the surrounding race of rock with the help of a capsule that looks like a cocoon. Selections from these cocoons resemble woody splits. There are some signs which tell us about the life in precious stones. For example, the concentric circles which point to the grown of the tree and by which we can define the age of the tree are visible on the splits of trees. We see the same thing on the shear of the cocoon of the precious stone. This means that the precious stone grown similarly to the tree, according to its life cycle. Most of the nuggets of precious stones have circles and stratums similar to a tree or represent crystals, located in the cocoon. All this tells us about a definite, but a strange species of life inside of a stone cocoon.

It's interesting to point out that modern science confirms that the precious stone grown on the inside and divides by gemmating. Therefore, near the cocoons of precious stones we can find detached little cocoons. On that ground one can suppose that other stones grow from one stone. It resembles a famous way of reproduction. Nowadays scientists point out the fact that stones display definite indications of life. There is even a statement that the stone has its period of breath which lasts for years.

A culled and dried herb keeps a psychic power for a long time. In exactly the same way the precious stones, derived from a broken cocoon, keep medicinal and psychic power. The continuance of the healing effect of dried herbs or chemicals is not more than 5-6 years. But in case of precious stones, the effect of their healing power doesn't diminish after hundreds of years.

Numerous results have allowed us to establish, that the precious stones influence the energetic flows of the body, the nervous system and the mind. One can wear the correctly selected precious stone as an ornament for his whole life

and get the charge of positive energy from it. Due to the fact that the stone's break-up and the deterioration of its healing power occur only in hundreds of years from the moment it has been put on, a man can hardly exhaust the stone's energy during his relatively brief (in comparison with the stone) life. The ornament will have a strong effect upon health and character in many years just as it does nowadays.

CERTAIN QUALITIES OF PRECIOUS STONES

As we said before, precious stones must have a natural origin and should not be influenced by high temperatures and other methods of refinement which are often used the jewelry business to improve the color and clarity of stones. When this is done modern jewelers make precious stones more beautiful and bright. Only the problem is that this deprives the stones of its natural healing power.

Although these methods of refinement turn plain precious stones to beautiful crystals, in reality we get just lifeless glass drops of wonderful colors.

How popular are refined stones in stores? Unfortunately, in our time almost all precious stones are refined thermally to make them more beautiful.

For this reason natural precious stones are becoming very rare. The "Satva" company, despite all the difficulties, decided to work only with natural, healing precious stones.

Many jewelers think that precious stones should always be beautiful. Of course, this is an important feature of the precious stone, but there is no sense in achieving beauty with unnatural methods. It is important to know that even a precious stone looks plain, it still affects a person more than a refined and beautiful stone. In reality, maybe, there is a sense in decreasing the precious stone's power because if we pick a natural precious stone and don't wear it correctly it can cause harm. Still, if a precious stone is chosen and worn correctly, already in a few hours you can discover for yourself that it affects the physical and mental health and feeling of a person.

The "Satva" company works only with natural and high quality precious stones. Besides that, when selling ornaments with precious stones they are chosen by highly qualified specialists and individually for each person. This ensures a highly effective influence on the health and unsound mind of people.

THE SIZE AND FORM OF PRECIOUS STONES

The size of stones is determined in carats. Five carats are the same as one gram. A carat is a unit of weight. The appearing size is delusive and doesn't always point out the true weight of the stone.

Ancient writings tell us that the stone's influence is stronger if its weight is not less than 2-5 carats. Indeed, the influence of such big stones on the human organism is considerable. However, our research showed that such big stones overwhelm its owner after a long time of wearing. We had to bring in this term to show the condition in which a person feels discomfort when wearing the precious stone ornament. On the other hand, stones which are not as big usually give a more dependable result and overwhelm people after a long period of their wearing. Thus, we chose precious stones from 1.5 - 2 carats. For our job we use the following precious and semiprecious stones: rubies, pearls, moonstones, corals, emeralds, yellow sapphires, white topaz, white sapphires, diamonds, blue sapphires, gametes, and cat's eye. Precisely these stones are described in ancient writing as the most effective.

All of the precious and semiprecious stones used by us possess the power of talismans, in other words, the positive influence of these stones can antagonize deadly poisons, severe diseases, and other dangers. Low quality stones disadvantageous and extend the opposite action.

The stones which we use are selected only by an experienced and qualified precious stone specialist and an established astrologist. The quality is defined according to the weight of the stone, its edge, color and purity.

THE POWERFUL EFFECT OF PRECIOUS STONES: THE HEALING ASPECT THE INFLUENCE OF RUBIES ON PEOPLE

Extraordinary and radiant, bright red and other shades, rubies (emery) possess many values. Rubies can be different colors. Some of them are the color which reminds blood, at the same time the color of others reminds pomegranate

seeds. Some rubies are read like vermeil, others are yellowish-red like saffron or shellac. Quality rubies should be evenly colored and in light from its heart should issue a kind beam. In the sun's light these samples of crystals issue a beam of wonderful color and sparkle, projecting light in all directions.

The useful effect of rubies, red sapphires and tourmalines is determined by the fiery power of the sun. Accumulating in these precious stones, this power, when touching the human body, improves the fire of digestion, elevates the immunity, and improves the metabolism.

The inappropriate use of this stone can result in insomnia. In the even of correct selection the wearing of this stone when a person has keen digestion, arthritis, rheumatics, low immunity, diseases of the bone system and teeth, can achieve great results. Rubies also influence the unsound mind of people. It boosts the responsibility, focus, concentration of attention, efficiency, and consequence and power of people.

The sun, acting through these stones, fills the human mind with a feeling of joy, confidence, and the wish to live and act. The ruby is one of the most expensive precious stones; its price is almost the same as the price of a diamond.

In India and China, rubies have been used for thousands of years for health improvement and increment of happiness. Also in the east and ancient Europe, the power of the ruby consists of its ability to predict danger. It predicts danger when its color and shine lessens.

The ruby is usually used in eastern astrology for heart consolidation, digestion improvement, circulation of blood, recovery of the fire of the body and increment of energy. The ruby heightens the will, gives independence, intuition, and increases the power of the unsound mind. For this reason this precious stone is called "the precious stone of kings."

THE PEARL (MOONSTONE)

The pearl is connected with the moon and heightens the emotional strength, friendliness, and complacence. This stone should not be worn alone when you are overweight, have defections in the lymph system, diseases of the metabolism. The moonstone and pearl is used for calming down the mind and give power to the reproductive system. These stones are worn on the fingers in a silver frame (usually on the pinky and ring finger). It is advantageous to wear them as a medallion. Yet, it is necessary to consider that it is hard for a person to understand where to wear the precious stone, that's why a specialists help is needed. Besides, we use these stones in a traditional ancient-eastern scheme *navaratna talisman*.

The wearing of precious stones which are connected with the moon is also used to cure disorders of the memory and easy fatigability. The moonstone especially affects women. That's why it is often used for treatment of menopause and female infertility.

The pearl and moonstone improve the metabolism, repair hormone functions, improve sleep, normalize the mental tone and arterial pressure, and bring pacification, calmness, and rest.

Pearls should not have color spots and moonstones should be blank and dimly clear.

RED (PINK) CORALS

This stone is connected to the planet Mars. Therefore, its wearing brings bravery, energy, penetration and the ability to win the opponents. Bright red corals rarely suit Europeans. Precisely these corals have a very "hot" nature. They suit people which live in a hot and sunny climate better. That's why we usually use pink corals more. Yet, even they are usually not recommended for a person with a high sexuality and ague. However, wearing corals which were chosen by an experienced specialist, even in these cases is absolutely harmless. The coral is very beneficial when you have an immunity disorder, low efficiency, physical and mental weakness, reduction of digestion, anemia, and joint diseases.

Corals revive the appetite and stomach digestion, give power to your voice, fill your liver with power, improve the work of bronchi, kidneys, uterus, and male reproductive organs, and give the human character determination and the ability to overcome difficulties.

Vests the person with a determined will, stimulates bravery, energy, penetration, and the ability to win.

EMERALD

Its influence is connected with the planet Mercury and because of that affects the quickness and good memory. Emerald can improve the human possibilities of confident and effective communication, and accelerates logical intellect. Emerald positively influences the heart's rhythm, production of bile, hormone functions of the pancreas and thyroid, improves the metabolism, memory, speech, and promotes thinking processes.

This stone is very favorable because it takes care of business, guards you when you are concluding bargains and conducting financial operations.

Like the coral, bright, intensely green stones rarely suit Europeans and often suit people, living in a hot climate. For this reason, we usually use emeralds of less bright races of stone, light green tones.

YELLOW SAPPHIRE

This stone communicates with Jupiter. According to ancient writings, the correct wearing of this stone heightens the person's good will, obeying, mental activity and endurance, adds optimism to the character and goal persistence, wisdom, compassion and enthusiasm.

The yellow sapphire heightens the immunity, improves metabolism in the liver and pancreas, mind, normalizes the exchange of fat, heals the lymph system, and positively influences the nervous system and the brain. The wearing of this stone brings luck and prosperity.

DIAMONDS (WHITE SAPPHIRES)

This stone is connected with the planet Venus. It improves the attraction, self control, eliminates emotional vulnerability, and brings focus and peace. It gives the person endurance, the ability to be powerful and successful. Also, the diamond positively influences creative abilities, gives the person grace and charm. It also, like all the other precious stones, greatly affects the health. The diamond and white topaz have a powerful influence on the metabolism, kidneys, the lymph system, and female reproductive organs. It eliminates emotional vulnerability, improves hormone functions and the condition of skin tissues, joints of the spine, and brings focus and calmness.

BLUE SAPPHIRES

This stone is connected in its influence with the planet Saturn. It protects the person from accidents. It also improves the efficiency, the activity of the nervous system, calmness, practicality, and endurance. The blue sapphire repairs the activity of the intestines, vascular exchange, heals the joints and spine, improves the activity of the nervous system, positively influences the function of the brain, bladder and gallbladder, kidneys, and metabolism. This stone should be selected very carefully.

GAMETE

This stone is connected with the planet Rahu, it is known in western astrology as the northern knot. It has a high protection feature. Gamete calms down the unsound mind, increases warmness and helpfulness in the character, helps stop effecting people in a bad way. Guards from the negative influence of the computer, TV, cellular phone, gives a bright mind and a good mood. Gamete positively influences the digestion, hormone functions, the activity of the cardiovascular system, the purity of blood. Gamete treats the immunity, skin diseases, metabolism, blood functions, increases friendliness and warmth in the character.

CAT'S EYE

The cat's eye is connected with the planet Ketu. In western astrology this planet is called the southern knot. The cat's eye makes the person fearless, increases calmness, and improves sleep (antagonizes the wrong influence on the unsound mine at the time of sleep).

It protects the person from all mental influence on the person and therefore is the preserving talisman. The cat's eye efficiently heals the nervous system, hormone functions, the mineral exchange in the organism, disorders of the circulation, skin diseases, pathologies of the cardiovascular system, psychological illnesses, removes excessive mental tension, and removes fright. It helps overcome bad habits, strengthens the will and mental endurance, and gives clarity of the senses and broad popularity in society.

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Imagine how powerful the healing effect would be if precious stones are chosen individually and used simultaneously! This is the scheme of precious stone selection used by the "Satva" company, which exists from ancient times and is called *navaratna talisman*.

In the present time, generally, ornaments are made from fake precious stones or artificially grown crystals. Modern technologies allow falsifying fake precious stones for real ones. That's why is important to determine whether the stones on the ornaments you wear are real healing minerals. Most people can't do this on their own; the help of special equipment is needed. Besides artificially grown minerals, counterfeits made from plastic or simple stone race are also used. They, although are beautiful, don't cause any positive influence on the organism.

The "Satva" company guarantees that in your jewelry ornament, only natural precious stones will be chosen especially for you. Therefore if the selection will be made correctly, the ornament will really improve your health and you will feel better. For this selection to be right, we, with your help need to work hard.

THE MEANING OF INDIVIDUAL SELECTION

Studying your horoscope, the ayurvedic doctor and astrologist determines the planets, the contact with which is harmful to the health of your organism and by selecting stones, tries to neutralize this negative influence. At the same time, a lot of attention is paid to the selection of those precious stones which heighten the influence of positive planets for you.

To be more accurate in the selection of stones, other than your horoscope we use photos of the hands and face of the patient (especially if the treatment is conducted by the internet) or special tests if the patient has the opportunity to see the doctor in person.

Usually, after the careful selection of precious stones, the patient begins to feel the positive influence on the health and unsound mind at once. In other words, these stones become more precious for him than we can imagine because they will stably help him keep his health.

The famous from ancient times way of wearing ornaments, known as talisman "navaratna", can serve as the base of precious stone use in healing intent. It consists of nine precious and semiprecious stones, located to secure the positive effect of all the nine important planets on the human organism. The way of wearing this bracelet on the body is very simple: it is worn on the wrist of the right or left hand. We give you the unique opportunity to select your individual talisman and receive a ready-to-wear bracelet in a short time.

WHAT DO I NEED TO DO TO USE THIS HEALING METHOD?

If you have a need to use our ornaments, our dealer will contact Dr. Torsunov by internet and send him the required information: the diagnosis of your illnesses and your photo. When the doctor has received your horoscope and photo, and studied your complaints, he determines which precious stones suit you individually and also where and when they need to be worn. Later, in the company "Satva" these precious stones are fitted into the bracelet of your chose. When the ornament is ready, the dealer will give it to you and tell you about it, after that he will make sure that you are comfortable in our ornament by questioning you.

In the event that the client feels discomfort when wearing the bracelet, having tried all the schemes, his complaints are addressed to the doctor. It is possible that after some precious stones on the bracelet will be changed by the doctor's instructions. At that, the design of the ornament is not changed. This is possible because of the structure of the ornament. We can select and correct the navaratna talisman individually for you in a couple of weeks.

SOME WORDS ABOUT THE AUTHOR OF THIS METHOD

For many years now Dr. Oleg Torsunov, a famous doctor and psychologist, professor of the Bombey Institute "Vedic Health", is studying the powerful effect of the universe on the life and destiny of people. His method of individual selection of precious stones according to our character and horoscope doesn't have analogues anywhere in the world. Nine precious stones of one carat are fitted into a special manufactured bracelet with removable bezels. The selection of stones is done with the help of the internet. Processed by Dr. Torsunov, your data is sent to the factory, where the assembly of your bracelet happens.

Dr. Torsunov finished the Samara Medical Institute, studied dermato-venereology. He also finished the Moscow Institute of National Friendship with a specialization of acupuncture. His second education in classical Eastern medicine (ayurveda) Dr. Torsunov received in India.

Having practiced medicine for many years, Dr. Torsunov has authorized methods of treatment and diagnosis of illnesses which have a high efficiency and successfully completed trials in the system of the Ministry of Health of the Russian Federation, and his ability to diagnose with the help of photos and by the quality of the voice gives the opportunity to help and consult people without contacting them in person.

The materials used by the doctor for treatment are unique; all of them are natural and are individually chosen for each client.

The doctor pays considerable attention to matters of a healthy diet and day regime.

The well known lection programs of Dr. Torsunov were repeatedly conducted in many Russian cities and countries close to Russia (Moscow, Omsk, Perm, Ekaterinburg, Samara, Saratov, Barnaul, Kiev, Donetsk, Dnepropetrovsk, Riga, and Almati). Many TV and radio productions with his presence were released in these cities.

Dr. Torsunov is a professor in the Bombey Institute "Vedic Health" and the director of the University of Vedic Culture in Russia. He is the author of the famous series of books "The Principles of a Happy Life".

On his seminars Dr. Torsunov talks about proper diets, the effect of communication between people on their health, about the psychology of family relations, the raising of children, the rules of karma, reincarnation and many other things.

We invite you to visit Dr. Torsunov's website at www.torsunov.com